

# OUT!



TOBY BRAZIER  
COACHING

## Toby Brazier Coaching presents OUT!

### Description:

An outdoor based fun badminton session, taking the indoor sport outdoors! OUT! Is a mixture of a basic badminton coaching session, free roaming & matches. Allowing a chance for participants to understand the fundamentals of badminton, while being given the freedom to explore the sport in a new outdoor nature.

### Delivery Structure:

Outdoor badminton equipment is provided, with the opportunity for participants to learn the fundamentals of the sport, while being in the great outdoors. Basic aspects such as grips, serving, overhead hitting and underarm hitting can be covered.

OUT! Sessions can be delivered in structured time slots, ideally an hour in duration.

### Target Audience:

OUT! sessions are great for the following...

- Community hubs
- Open days
- Summer fairs
- Church groups
- SEN & Disability groups
- Multi sports days
- Youth groups
- Festivals
- Charities
- Colleges
- Secondary Schools

### Benefits of hosting an OUT! Session

- Increases physical activity
- Increases sport specific participation
- Encourages participants to try a new skill
- Can be adapted to suit individual needs
- Led by a qualified coach, to help with basic teaching points
- Delivered in any spacious outdoor space
- Does not require a typical sports hall

To book an OUT! session, or to find out more information, please do get in contact.



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**Toby Brazier**  
UKCC Level 1 & 2

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